

**VEAL BIRDS**  
 2½ pounds veal steak cut in four-inch squares  
 2 tablespoons butter  
 1 egg  
 1 cup cream or rich milk  
 Onion chopped fine or juice of 1 onion  
 Celery salt  
 Salt and pepper  
 Cracker or bread crumbs

Cut steak into four-inch squares, combine soft bread crumbs, salt, pepper, celery salt, onion, and butter, spread two tablespoons of mixture on each square of meat. Roll up and pin with toothpicks or tie with string. Dip in beaten egg (one tablespoon water added to each egg) and finely rolled cracker crumbs. Brown on all sides in

# Fine Products to be Used in Cooking School Here

**IN SPRING PRIME**  
 Now is the time for joyful week-end trips into the back country of San Diego county. Hills and valleys are a rich green, the mountains adorned with wild lilac and other blooms.

## Grooming Prospective Champion



Edgar Kennedy, screen comedian and former amateur heavyweight champion of the Pacific Coast, is shown at right holding onto the plow handles as he helps train his latest boxing "find." Straining at the harness is Doug Coleman, 21-year-old Oregon State College athlete who Kennedy considers is a coming champion. Coleman weighs 190 pounds, stands six feet three inches tall and has a reach one inch longer than Primo Carnera.

## Ben-Hur Products Sale Precedes Demonstration At Cooking School

Ben-Hur coffees and teas, famous in the Southwest for over 35 years, have a big surprise in store for thrifty home folks of Torrance this and next week. Beginning today and continuing through until Saturday, May 15, leading markets in Torrance will feature Ben-Hur coffee and tea "Get Acquainted Manufacturer's Sale", to be marked by the lowest special prices in Ben-Hur history in this section. This sale is in conjunction with The Herald's cooking school next week at which Ben-Hur food products will be featured.

## EMERGENCY SHELF HINTS

Stock your emergency shelf with bottled dainties. Then, when company comes and catch you unprepared, you have an "actual" food exhibit to show them— from which they may choose the particular food that appeals. Chicken, tongue, shrimps, olives, pickles, mayonnaise, honey, jelly and dozens of other colorful foods display their perfection perfectly through their glass containers. They look good and you know they are in good condition. From these rows of sparkling foods such dishes as the following may be prepared:

- Shrimp Salad**  
 1 jar shrimps  
 Marinade  
 Lettuce, shredded celery, or shaved cabbage  
 Mayonnaise or other dressing  
 Marinate the shrimps and serve on lettuce, shredded celery, or finely shaved cabbage, and cover well with mayonnaise or other dressing.
- Peasant Girl with a Veil**  
 2 cups dried crumbs  
 1 cup tart jam  
 Whipped cream  
 This is a delicious Danish pudding. Crumble bits of granham or rye bread to make fine crumbs. Add a little sugar to the crumbs and heat them in a slow oven until they are very dry. Cool and mix with any kind of jam, preferably a tart jam like apricot or plum. Mold, chill and serve with whipped cream.
- Harlequin Salad**  
 1 cup cooked, dried limas  
 1½ cups chopped tongue or ham  
 3 hard-cooked eggs, sliced  
 1 tomato, peeled and sliced  
 ½ cup chopped pickles  
 ½ cup French dressing  
 1 head lettuce  
 Sour cream or mayonnaise salad dressing  
 Prepare and combine meat, limas, eggs and pickles. Mix with French dressing, let stand one hour in a cold place. Pile on a bed of lettuce and garnish with the sliced tomato.

# ASSOCIATED AGROGROCERS

INDIVIDUALLY OWNED STORES

SPECIALS for Friday and Saturday, May 7th and 8th

**We'll Help You Celebrate NATIONAL BABY WEEK**

by offering a complete line of wholesome, tasty foods just suited to the "pride of the family"— at prices which invite purchase. Here are some suggestions . . .

<b>GERBER'S BABY FOOD</b> 3 CANS FOR 25¢	<b>SPERRY Wheat Hearts</b> Small Pkg. . . . .13c Large Pkg. . . . .23c
<b>Wheaties</b> 2 PKGS. FOR 21¢	<b>HORLICK'S Malted Milk</b> 50c Size . . . . .39¢
<b>Blue Karo Syrup</b> No. 1 ½ Can . . . . .15¢	

**Golden Swan MILK**  
3 TALL CANS FOR 19¢

**POMPEIAN**  
 PURE VIRGIN IMPORTED  
 First Press OLIVE OIL

It's delicate flavor is a revelation

## KEEP FIT EAT MORE MEAT!

In this busy world with so much to do and so many places to go you must be in good health to enjoy both your work and your play.

Eat more meat . . . it gives you the strength and energy to carry on.

And to be sure the meat you eat is always the best . . .

BUY IT AT GRUBB'S

**GRUBB'S MARKET**  
 CHOICE MEATS  
 PHONE 779-TORRANCE  
 IN SAFEWAY STORE 1929 CARSON ST.

Highway Police Work Fast EL CENTRO, Calif. (U.P.)—California highway patrolmen work fast. They returned Howard H. Clark's stolen motor car before he knew it was missing.

**A.I. Sauce**  
 Puts a keen new edge of flavor on almost any dish.

<b>SUNMAID Seedless Raisins</b> 15-oz. Pkg. . . . .9¢	<b>OXYDOL</b> Lge. Pkg. . . . .23¢
<b>Puffed Raisins</b> 15-oz. Pkg. . . . .10¢	<b>WHITE KING TOILET SOAP</b> Bar . . . . .5¢

**CERTO**  
FINE FOR JAMS AND JELLIES . . . . .22¢

**Golden Swan Brand**

<b>PEACHES</b> Halves or Sliced No. 1 Can . . . . .2 FOR 25¢	
<b>PEARS</b> No. 1 Can . . . . .2 FOR 25¢	
<b>FIGS</b> No. 1 Can . . . . .2 FOR 25¢	

**Thriftree SALAD DRESSING**  
 Pints 19¢ Quarts 29¢

<b>IVORY FLAKES</b> Lge. Pkg. . . . .23¢	<b>WHITE KING LAUNDRY SOAP</b> 3 BARS 10¢	<b>DASH GRANULATED SOAP</b> Lge. Pkg. . . . .45¢
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<b>BLACK SWAN Fruit Cocktail</b> No. 1 Can . . . . .2 FOR 25¢	<b>BLACK SWAN Corn</b> No. 2 Can . . . . .2 FOR 25¢
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**BLACK SWAN—No. 2 ½ Can SPINACH** . . . . .2 FOR 25¢

<b>MITY NICE SLICED BEEF</b> 2 ½-oz. Glass . . . . .2 FOR 21¢	<b>STEPHENS LEMON JUICE</b> 8-oz. Can . . . . .2 FOR 25¢
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**MITY NICE CORN BEEF** . . . . .17¢

**Your Associated Grocers**

**RICHARD COLBURN**  
1801 Cabrillo Ave., Torrance, Phone 110

**GEO. H. COLBURN**  
645 Sartori Ave., Torrance, Phone 622

**DOAN'S MARKET**  
2223 Torrance Blvd., Torrance, Phone 486

Compare all prices --- AND THEN TO A & P TO SAVE!

It Costs MUCH LESS TO SHOP AT A & P!

Eight O'clock — "Mild and Mellow" "The World's Largest Seller" 3-lb. Bag. 50c

**COFFEE** lb. 17¢

<b>CHALLENGE or SILVERBROOK Butter</b> 1st Quality Quarters lb. 38c	<b>DEL MONTE Red Salmon</b> No. 1 can 20c
<b>Deluxe Extra Quality—Large Fresh Eggs</b> doz. 24c	<b>CRYSTAL OIDER Vinegar</b> quart bottle 10c
<b>FINE GRANULATED Sugar</b> 10-lb. bag 52c	<b>"The Complete Household Soap" Oxydol</b> Soap pkg. 19c
<b>PURE CANE SUGAR</b> , 10 lbs. 63c	<b>Crystal White, White King, P. &amp; G. Soap</b> Laundry plant bar 4c
<b>BEST FOODS Mayonnaise</b> quart jar 45c	<b>DEL MONTE—JUICE Pineapple</b> No. 2 can 10c
<b>TOILET SOAP Lux Soap</b> 3 cakes 17c	<b>"PURE COOKING OIL" Mazola Oil</b> pint 22c
<b>"MASTER BLEACH" Water Softener</b> ½-gal. jar 15c	<b>Sauces "For Meats and Salads" Lea &amp; Perrin's</b> 5-oz. bottle 25c
<b>"IT FLOATS" Ivory Soap</b> 3 med. bars 17c	<b>MAXWELL HOUSE Coffee</b> Regular 1-lb. can 28c
<b>CHICKEN-OF-THE-SEA Fancy Tuna</b> No. 2 can 15c	<b>WHITE HOUSE Evap. Milk</b> 3 tall cans 19c
<b>Chocolate, Caramel, Vanilla Kre-Mel Dessert</b> 3 pkgs. 10c	

<b>DEL MONTE EARLY GARDEN SUGAR PEAS</b> No. 2 can 12½c	<b>DEL MONTE TOMATO SAUCE</b> 8-oz. can 3½c
<b>DEL MONTE DE LUXE PLUMS</b> No. 2½ can 12c	<b>DEL MONTE PINEAPPLE BROKEN SLICED</b> No. 10 can 49c
<b>"FOR COOKING AND FRYING" WESSON OIL</b> pint quart can 42c	<b>CHURCH'S PURE GRAPE JUICE</b> pint bottle 15c
<b>GHIRARDELLI'S GROUND CHOCOLATE</b> 1-lb. can 30c	<b>KING KELLY ORANGE MARMALADE</b> 1-lb. jar 15c
<b>CUT-RITE WAX PAPER</b> 125-ft. roll 14c	

**QUALITY SATISFACTION**

**Flavor-Flamed Meats**

**ARMOUR'S EASTERN HAMS** SKINNED Whole or Shank Half lb. 25¢

**FANCY 1937 GENUINE SPRING MILK LAMB SHOULDERS** lb. 17c

**FRESH LEAN GROUND BEEF** lb. 15c

**PLATE RIB Boiling Beef** lb. 10c **"OUR OWN MAKE" 100% PURE Pork Sausage** lb. 25c

**GRAIN-FED "BRANDED" STEER BEEF 7-BONE Center Cut** lb. 17c

**Cudahy's Puritan, Sunnyfield Sliced Bacon** ½-lb. 17½c

**Fancy Eastern Sugar-Cured Bacon** By the Piece lb. 29c

**"Best Ever" Minced Ham, Bologna Wieners-Goneys** lb. 17c

**FINEST QUALITY—FRESH Liver Sausage** lb. 19c

**EASTERN GRAIN-FED PORK LOIN ROAST** lb. 23c

**FANCY FRESH-DRESSED HENS YOUNG** 3-4 lbs. Avg. lb. 25¢

**MAKE YOUR SELECTIONS from "The Pick of the Crop"**

**fruits & Vegetables**

<b>LARGE CRISP Cucumbers</b> 2 for 9c	<b>TENDER GREEN Sweet Peas</b> 3 lbs. 13c
<b>LOCAL UTAH TYPE Celery</b> Large 5c	<b>FRESH ITALIAN Squash</b> lb. 5c

**FANCY NEW POTATOES** 5 lbs. 13c

<b>HERSHEY'S Cocoa</b> Breakfast 1-lb. can 13c	<b>DEL MONTE Catsup</b> Tomato 4-oz. bottle 12c
<b>BAKING POWDER Galumet</b> 1-lb. can 19c	<b>"The Breakfast of Millions" Grape-Nuts</b> 1-lb. pkg. 15c
<b>BROKEN SLICED Pineapple</b> No. 2½ can 15c	<b>"The Breakfast of Champions" Wheaties</b> pkg. 10½c
<b>DOLE'S—GEMS Pineapple</b> 14-oz. can 10c	<b>"Better Best" Graham or Soda Crackers</b> 2-lb. 19c 1-lb. 10c
<b>DEL MONTE BARTLETT Pears</b> Sliced or Halves No. 2½ can 15c	<b>BEE SWEET Pure Honey</b> 5-lb. pail 45c
<b>LIBBY'S Pot. Meat</b> 3 No. ¼ cans 10c	<b>POST'S Huskies</b> Wheat 10-oz. Flakes pkg. 10c
<b>ARMOUR'S STAR Corned Beef</b> 12-oz. can 15c	<b>KRAFT'S Miracle Whip</b> pint fac. quart, 37c

Prices Effective Thursday, Friday and Saturday, May 6, 7, 8, 1937  
 WE RESERVE THE RIGHT TO LIMIT QUANTITIES

# A & P FOOD STORES

THE WORLD'S LEADING FOOD MERCHANTS

1319 Sartori, Torrance